

Lost in Smoke About Nicotine Products?

Join us for an opportunity to learn valuable information on this important topic.



9 a.m.—12 p.m., **Oct. 8**, 2019
SHESC—**Hays**
2707 Vine St., Ste. 17
Hays, KS 67601

“JUUL, Vape & E-Cigarettes:
Unifying the Tobacco Prevention
Approach in Kansas Schools”

*Presented by Jordan Roberts,
youth prevention program manager
at KDHE*

With a focus on the State of Kansas “Vape-Free Schools” initiative, Roberts will address myths about this serious epidemic in schools.

Register: go.smokyhill.org/VapeHays

9 a.m.—12 p.m., **Oct. 10**, 2019
SHESC—**Salina**
605 E. Crawford St.
Salina, KS 67401

“Smoking, Smokeless, E-Cigarettes,
Vape and JUUL”

*Presented by Daniel Craig,
cancer outreach coordinator
at Tammy Walker Cancer Center*

Craig will begin by highlighting current health knowledge on traditional tobacco products. He then analyzes how that knowledge affects our understanding of modern e-cigarette products.

Register: go.smokyhill.org/VapeSalina

E-Cigarette Nicotine Products: Know the Facts

- E-cigarette devices use a battery to heat liquid in replaceable cartridges into an inhaled aerosol. The resulting vaporized liquid contains addictive nicotine, flavorings, sweeteners and chemicals that can include formaldehyde and acrolein — a common herbicide.
- Using e-cigarettes is also referred to as “vaping” or “JUULing” after a popular device that charges from a USB port and resembles a computer flash drive.
- Some e-cigarette devices may resemble pens, phones or lipstick tubes. This camouflage, along with less smoke and odor compared to cigarettes, makes e-cigarettes easier to hide.
- More than 1 out of 10 high school students in the US and 2.1 million youth overall were active e-cigarette users in 2017.
- In a 2018 study, 63 percent of young adult users said they did not know e-cigarettes contain nicotine.
- Some liquid pods have nicotine levels equal to a pack of cigarettes.
- Teen exposure to nicotine damages working memory; leads to attention deficit; may be carcinogenic; and harms cardiovascular, respiratory and reproductive systems.
- Though often marketed as aiding smoking cessation, e-cigarettes are not safe or effective to assist quitting. Youth e-cigarette use also correlates with adult cigarette use.